



HHGC FALL 2026 RECREATIONAL SCHEDULE

REGISTRATION OPENS JULY 20TH 2026!

SAT. SEPT. 12 - FRI. DEC. 18 (14 WEEKS) - HHGC IS CLOSED MONDAY OCT12 (THANKSGIVING MONDAY)

CLASS	SUN	MON	TUE	WED	THU	FRI	SAT
PARENT & TOT 18M-3Y 11M (30 MINS)	9:00-9:30 10:05-10:35 10:40-11:10	10:15-10:45 4:40-5:10 5:15-5:45	4:30-5:00 5:05-5:35	4:25-4:55 5:00-5:30	4:30-5:00	4:45-5:15 5:20-5:50	9:00-9:30 9:35-10:05 10:15-10:45
KINDERGYM 3Y-5Y 11M (55 MINS)	12:00-12:55 9:05-10:00 9:15-10:10	11:00-11:55 4:30-5:25 5:30-6:25 6:15-7:10	4:30-5:25 4:45-5:40 5:40-6:35	4:45-5:40 5:45-6:40 6:35-7:30	4:45-5:40 5:05-6:00 6:15-7:10	4:30-5:25 5:30-6:25	9:15-10:10 10:30-11:25 11:00-11:55
ADV. KINDERGYM 4Y-5Y 11M (55 MINS)	11:00-11:55		6:30-7:25	4:30-5:25	4:30-5:25	6:00-6:55	
ASPIRE 4Y-5Y 11M (1 HOUR + 25 MINS)	9:35-11:00	5:00-6:25		4:30-5:55			9:00-10:25
GIRLS GYM (6Y-9Y 11M) 1 HOUR + 25 MINS	9:30-10:55 10:15-11:40 11:15-12:40	4:45-5:40 5:50-7:15 6:30-7:55	4:30-5:55 5:00-6:25 6:40-8:05	4:30-5:55 6:45-8:10 7:00-8:25	4:45-6:10 5:45-7:10 6:05-7:30	4:30-5:55 5:00-6:25 6:30-7:55	9:00-10:25 10:30-11:55 11:40-1:05
SR. GIRLS GYM (10Y-12Y 11M) 1 HOUR +25 MINS			6:30-7:55	7:15-8:40	7:30-8:55	6:00-7:25	
INT. GIRLS GYM (6Y-9Y 11M) 1 HOUR + 55 MINS		6:30-8:25	6:00-7:55	6:30-8:25	4:30-6:25		10:10-12:05
SR. INT. GIRLS GYM (10Y-12Y 11M) 1 HOUR + 55 MINS			5:30-7:25		5:45-7:40		
DEVELOPMENTAL 8Y+ *INVITE ONLY* 4 HOURS (2 DAYS X 1 HOUR + 55 MINS				5:00-6:55			12:00-1:55
BOYS GYM (6Y+) 1 HOUR + 25 MINS		4:30-5:55		6:00-7:25			9:30-10:55
BEG. TRAMPOLINE (7Y+) 55 MINS	11:45-12:40	5:15-6:10			7:15-8:10		
INT. TRAMPOLINE (7Y+) 55 MINS		7:05-8:00					
BEG. TUMBLING (7Y+) 55 MINS	11:15-12:10		5:30-6:25		7:15-8:10	6:30-7:25	
INT. TUMBLING (7Y+) 55 MINS	12:10-1:05		7:30-8:25		6:30-7:25	7:30-8:25	
ADV. TUMBLING (7Y+) 55 MINS							12:00-12:55
LITTLE NINJAS (4Y-6Y 11M) 45 MINS	9:15-10:00	6:15-7:00	5:45-6:30	5:30-6:15 6:00-6:45	5:00-5:45	5:00-5:45	11:00-11:45
NINJA KIDZ (6Y-9Y 11M) 55 MINS	10:05-11:00	6:00-6:55	6:35-7:30	5:35-6:30 7:40-8:35	5:50-6:45	5:50-6:45	11:50-12:40
NINJA PROS (10Y-12Y 11M) 55 MINS	11:05-12:00	7:00-7:55			6:50-7:45	6:50-7:45	
TEEN NINJA (13Y-17Y 11M) 55 MINS					8:00-8:55		
PRESCHOOL DROP-IN \$15/ ADULT (UP TO 4 KIDS)			9:30-12:00		9:30-12:00		
OPEN GYM 14Y+ \$10						7:30-9:00	

classes are subject to change based on the discretion of HHGC Managment