

HHGC Summer Camp

PARENT INFORMATION

COVID-19 Updates & Summer Camp:

The Halton Hills Gymnastics Centre is planning to offer modified Summer Camp programs as scheduled, and we are especially excited after the province of Ontario announced summer camps will go ahead, with strict health and safety restrictions in place.



What to Bring:

- Full water bottle
- Nut Free snack
- Nut Free Lunch and second snack (full day and afternoon campers only)
- Spray on sunscreen
- Hat
- Change of clothes and extra mask (just in case)
- Craft Materials



What to Wear:

- Comfortable, light clothes
- Long hair tied up
- No jewelry
- No dangling earrings (studs are okay)
- Bare feet in the gym



Modified Day Camp & Regular Summer Camp Overview:

Due to Provincial mandates, our first three weeks of Summer Camp Programming will be non-sport specific day camp. The remaining 5 weeks of Summer we will be running our usual sport-specific summer camp as well as our speciality camps.

Non Sport Specific Day Camp Week 1-3

- Crafts
- Workouts
- Yoga
- Games
- Challenges



Sport Specific Camp (Gymnastics and Parkour) Weeks 4-8

- Crafts
- Workouts
- Parkour instruction
- Gymnastics Events

Camp Starts:

AM Half Day: 9:00am
Full Day: 9:00am
PM Half Day: 1:00pm

Doors will open 15 minutes before camp start time to get everyone in the gym. We will unlock the door when we are ready to go.



Camp Ends:

AM Half Day: 12:00pm
Full Day: 4:00pm
PM Half Day: 4:00pm

Parents must come to the door to check their child out each day

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Camp sign in and sign out- What do to!



Parents and athletes must wear a mask at all times during sign in and sign out. No parents are currently permitted in our facility. We kindly ask parents safely social distance outdoors for pick up and drop off.



We will be using the main front door with a table for check ins daily. Please follow the social distancing markers on the sidewalk. We will be checking in one child at a time



At the Sign in Table Our Staff Will Be Checking:

- Your child's *temperature* (temperatures will only be checked on foreheads, ears and temples for accurate reads. Wrists and inner arm will not be accepted)
- COVID screening questions
- The name of the parent dropping off and picking up each day

Gym Safety:



Athletes will remain with the same coach and cohort all week long (see cohorting rules)



Masks are required for all campers & staff except during snack/ lunch and water breaks.



All campers and staff will frequently wash and sanitize hands and will do so upon entering, leaving, in between stations and before and after eating



Vital Oxide (hospital grade disinfectant) and a fogging machine will be used between station use.



We continue to use a hands off approach as per provincial guidelines. Coaches will be using verbal and visual instructions with no "spotting"

Cohorts:

- Registration for camp is full week only for half or full day to ensure campers are with the same athletes each day
- Camper to coach ratio will be 1:5
- Cohorts will have their own colour and will be following their "colour group" throughout the week

PARENT INFORMATION

Parking:

Please ensure you only park in the gymnastics dedicated areas during advised hours as the signage outside illustrates. Please refrain from parking in the Quiltsource parking lot



Weekly Memo's & COVID Forms:

We will be emailing parents the Thursday before your camp week begins with the craft materials needed each week, the theme of the week, activities and any dress up days or special events.

A COVID declaration form and facility information form will also be attached which needs to be signed and returned the Monday morning of camp.

If you have any questions about camp, please do not hesitate to ask one of our coaches. We are looking forward to a great week!.

Core Values:

We expect campers to follow the established clubs Core Values and code of conduct expressed to campers by his/her coach on opening day. Any camper behaviour showing disrespect or disobedience to these guidelines will result in the Camp Supervisors intervention. If a camper continues negative behaviour,

The camp will contact you if your child is unwilling to change his/her behaviour, shows a pattern of disobedience, exhibits violent, disruptive behaviour or is physical with other campers.

Questions?



email:
info@haltonhillsgymnastics.com
call: 905-877-4330

Not Registered Yet?

Visit our website to register - spots are limited!

www.haltonhillsgymnastics.com